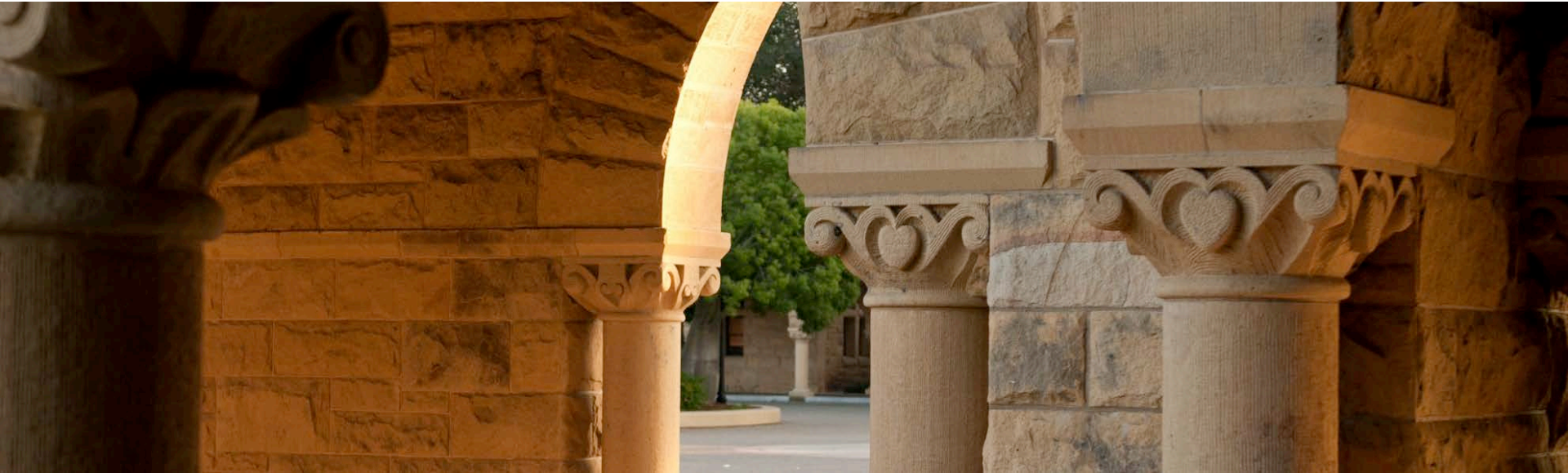


Stanford | Distinguished Careers Institute



AROHE Conference

August 15, 2016

Kathryn M. Gillam, PhD

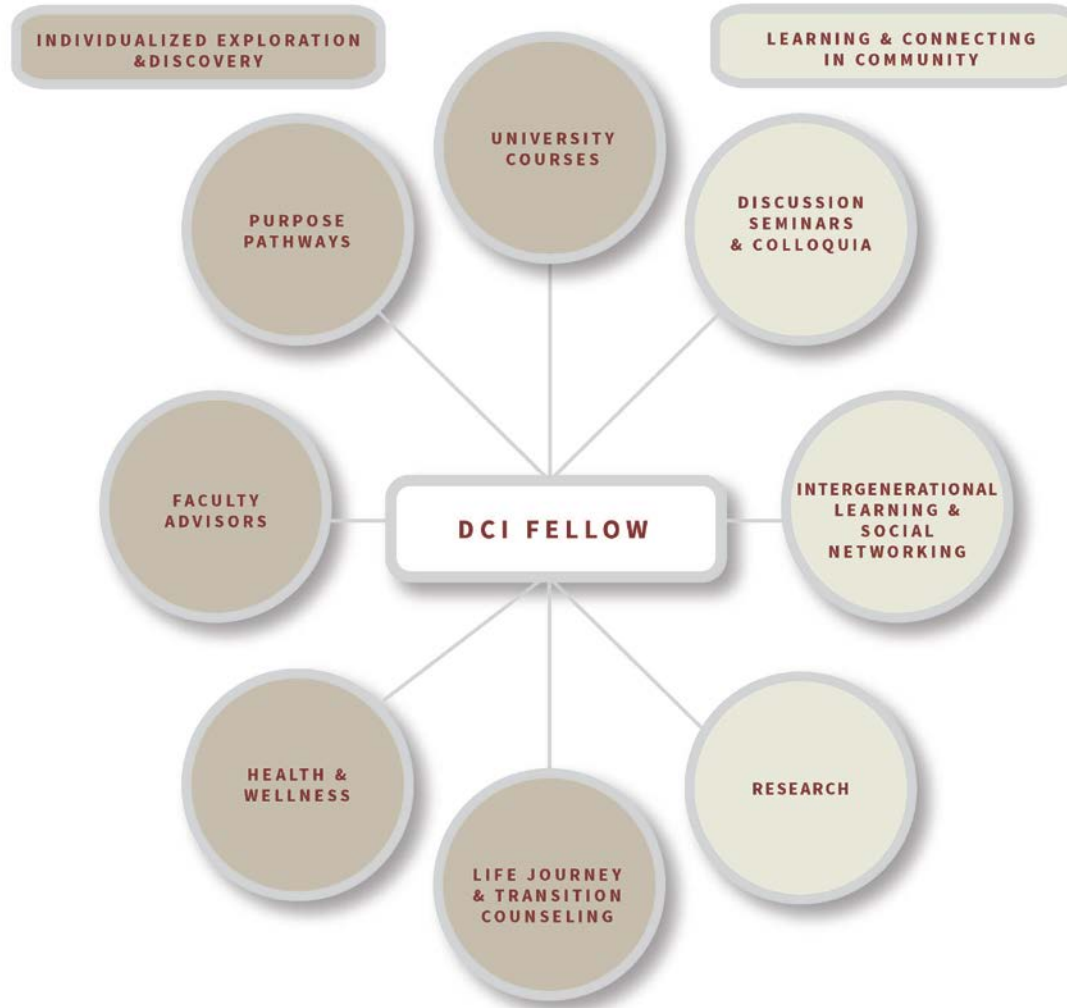
Executive Director, DCI

dci.stanford.edu

The DCI Program

- Year-long program at Stanford for 25 individuals with 20-30 years of experience and accomplishments; spouses/significant others may participate as well
- Program based on three pillars of *purpose, community, and wellness*
- Post-DCI engagement by DCI-alums
- Multi-year connections between cohorts
- Longitudinal research initiative underway to assess both the effectiveness of program for individuals and its impact on the university and, over the longer run, society

The DCI at a Glance



The Big Picture

- Personal transformation, with the goal of changing the arc of aging for individuals
- Transforming universities for the future around intergenerational learning, teaching and mentoring
- Fostering programs that embrace purpose, community and wellness as a way of promoting optimal aging and a decrease in the need for medical and social services over the life journey

Successes and Challenges to Date

Successes

- Have gotten off to a very good start; just accepted 3rd class; many more applicants than spaces
- Very strong cohorts, very strong bonding within cohort
- Broad and increasing institutional support from university leadership, faculty and staff
- Initial infrastructure obstacles largely overcome

Challenges

- Increasing the diversity of the applicant pool
- Programming for transition planning – typical “career planning/coaching” not the right fit; haven’t found an “off the shelf” curriculum that works
- Post-DCI opportunities: changing the culture